

DIGEST
The Adelaide Showground Farmers Market
Members' Newsletter
July 15th 2007 Issue 9

**MAKE SURE YOU GET YOUR CARDS SCANNED EACH WEEK TO BE IN TO
WIN THESE SPECIAL MEMBERS' PRIZES**

JULY 15TH Cirque du Soleil VAREKAI DOUBLE PASS

JULY 15TH Sarah's Sisters Restaurant Semaphore - Voucher to the value of
\$60

JULY 22ND Cirque du Soleil VAREKAI DOUBLE PASS

JULY 22ND Sarah's Café Restaurant Leigh Street Adelaide – Voucher to the value of
\$60

Congratulations to Kathy Daniels last week's winner of a double pass to Cirque du Soleil

Demo Kitchen

July 15th & July 22nd

10am

Stuart Gifford and Steve Lancaster from the renowned Sarah's Café and Sarah's Sisters

will present demonstrations of vegetarian cooking using market produce.

Kids' Kitchen

15th July

11am Crepes with Anne Duncan

29th July Masterclass

"One Pot the Lot" with Chef Andrew Kuhl

Simple 'one pot' dishes for nutritious winter family meals for busy households.

Learn to use that crock-pot you have gathering dust in the back of the kitchen cupboard.

Royal Show Market Plans

As many of you know, we are not able to operate during the Royal Show.

However, for all you Farmers Market fanatics, the Willunga Farmers Market have offered to give our members 10% discount during this time. So it will give many of you the opportunity to visit some of our producers in their own region.

Here are a few dates for your calendar:

2nd September
park only as

ASFM mini Market -we will be operating in the car-
the Show starts to be set up

9th September ASFM in recess - visit Willunga Farmers Market
16th September ASFM in recess - visit Willunga Farmers Market
23rd September ASFM back up in the Leader Pavilion

New Stall Holders this week:
Cottonville Farms Silvanberry and blackberry producers from the
Adelaide Hills
Jellies and jams and frozen berries.

Coming up soon – Freshly shucked oysters from Port Lincoln! Watch
this space and keep your fingers crossed!