

# Digest

Issue 47

September / October 2010



Adelaide  
Showground  
Farmers  
Market

*Farmer fresh to you!*

## Welcome to our 4th birthday edition of Digest

Yes we are open this Sunday! If you have been having Market withdrawals, you will be pleased to know that we are now back at work planning the next two outside markets, and our birthday party on the 3rd October when we will be back in the pavilion. We invite you all to join in the celebrations. Our birthday cakes will once again be donated by our generous stallholders David and Andrew from Kuhl Kooking and Sonya from Chocoholics Synonymous. Simon Bryant will also be joining us in the Kids' Club for the celebrations. See you at the party!

Congratulations to our stallholders who won awards at the Show this year. Our dairy and cheese producers were especially successful with Alexandrina Cheese Company taking out the Dairy Australia Trophy for their Encounter Bay Edam. Numerous awards were also won by Woodside Cheesewrights and B.-d. Farm Paris Creek who won a Gold Medal for their Nuage Blanc.

Bush Tucker Icecream also had a very successful Show winning Gold Medals for their Lilly Pilly and Wild Ginger Icecream and a Silver Medal for their Wattleseed Icecream in the prestigious Premium Icecream Class.

All the winning products are available at the Market so visit our stallholders for a taste of the best.

We will be missing two of our regular stallholders for the foreseeable future. Helen and Alan Dawson from Cottonville Farm are recovering well after an accident on their farm.

And due to the rise of the river Murray, Tobalong Tomatoes are struggling to salvage their new tomato crop with hot houses currently under water. We look forward to seeing Cottonville and Tobalong back at the Market soon.



See you Sunday for more of the best regional produce available from around the State.

If you would like to get in early with your new season's membership, the 2011 membership cards will be available at the site office from October 3.



## Coming up...

Win tickets to Adelaide Festival Centre's Oz Asia Festival  
17 September—2 October.

Check our website and find us on Facebook for details on how to win.

We will be giving away a double pass to the following two featured shows in the Oz Asia Festival:

Yegam Theatre Company's  
Jump. Wednesday 29 September

Dhol Foundation  
Saturday 2 October

Adelaide Showground Farmers Market

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## This month's program of events

**3 October**      **ASFM 4th birthday celebrations!**  
Balloons, birthday cake and the Bush Tucker Kangaroo will all be there to help us celebrate!

**Members' prize**

Free Membership for 2011 valued at \$60

**Kids' Club**

10.00am Simon Bryant—Combined Kitchen

**Demo kitchen**

10.00am Simon Bryant—Combined Kitchen

11.00am Remedy Bliss—Raw Food

11.30am Birthday celebration

**10 October**

**Members' prize**

\$25 voucher from Fruit Dehydrators (Fruitwise)

**Kids' Club**

Culinary Magic with Lee Harrison

**Demo kitchen**

10.00am Thermomix

11.00am Amanda Daniel from 2b: ethical

**17 October**

**Members' prize**

Half Day Unique Pilates Workshop voucher, valued at \$120

**Kids' Club**

Cooking with Kate

**Demo kitchen**

10.00am Semaphore Pantry

11.00am Virgara's Garden—Cooking with artichokes

**24 October**

**Members' prize**

\$25 voucher from Hardings Fine Foods

**Kids' Club**

Cooking with Kate

**Demo kitchen**

10.00am The Honey Lady

11.00am Grant Schooling, Executive Chef

Gilbert St. Hotel [www.gilbertsthotel.com.au](http://www.gilbertsthotel.com.au)

**31 October**

**Members' prize**

\$25 voucher from Hardings Fine Foods

**Kids' Club**

Cooking with Kate—Weber BBQ

**Demo kitchen**

10.00am New Season Olive Oil tasting

11.00am Hilton Hotel Young Gun Chefs

**See you on Sunday!**



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## What's hot this month

Apple Growers

Duck Eggs

Artichokes

Sulphur-free dried fruit from Andonopoulous and Cooinda

## Who's in this month

**Fortnightly stalls**

The Food Forest: 19 Sept, 17 Oct, 31 Oct

Australian Capers: 3 Oct, 17 Oct, 31 Oct

Dickins' Delights: 10 Oct, 17 Oct, 25 Oct

Spice Girlz: 3 Oct, 31 Oct

Wild Fox Wines: 19 Sept, 10 Oct, 25 Oct

Wilke Estate Wines: 19 Sept, 3 Oct, 17 Oct

Bubba Tukka: 10 Oct, 25 Oct

## New Stallholders

Otherwood Orchards—a fifth generation farm with apples, lemons, avocados

Footside Farm selling native Australian foods

Enzo's Gluten Free—fabulous gluten free foods

Bubba Tukka—snap frozen prepared meals for your baby and toddler

Sweet Kisses—gorgeous little sweet treats

Goodieson Brewery—boutique McLaren Vale pilsner & pale ale

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## Web in-sites

[Join us on Facebook!](#) Become a fan and tell your friends about us!

[Major food chain challenged](#) for trying to emulate local farmers markets

[The Australian Food Sovereignty Alliance](#)

[The future of food in SA](#)—discussion, information sharing and planning for a just and sustainable food system in South Australia and beyond

[Comment on proposed changes to Food Code](#)

[Fair Water Use](#)

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