



Digest

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Issue 40 February 2010

Happy New Year! By now you are probably back into the routine of school and work with memories of holiday beaching under the Moana and balcony barbecues, slowly fading. However, we hope the ASFM will make the transition a bit more palatable for you! Right now South Australian produce is at its best and the ASFM is full of ripe summer fruits and crisp fresh vegetables. New season grapes, melons and stone fruit are perfect and plentiful along with a huge array of summer salad ingredients.

We also have a big program of events, activities and special offers planned for you this year. Our special member offers begin with our annual **WOMAD** member discount (see below) and some special offers from **Crowne Plaza**, Adelaide's newest hotel due to open in April.

Paul Triglau from **Riviera Bakery** is right now competing as part of the Australian Baking Team at the World Baking Championships in Italy. He will be in the Demo Kitchen on 14 February to demonstrate his skills. Our annual **Chilli Fest** is planned for 14 March and

Sophie Piron will present an information session on the Federal Government's [Green Loan Program](#).

This week and next we have two double passes to offer as member prizes to **State Theatre Company's** production **Toy Symphony**. Details of other [special member offers](#) will be updated regularly on our website. Check the website under Member Info. And keep an eye open for roving Fringe events starting with Japanese drummers on 21 February.

NEW MEMBERSHIPS

New 2010 membership cards are on sale now. Your new membership comes with a new ASFM cooler bag, ready for summer. 2009 membership will end on January 31 and discount will only be given, after that date, to holders of 2010 membership. Please see our friendly staff at the Info Tent who will issue you with your new card on the spot or give you a sticker that will enable you to shop while your new card is being processed. Thank you to those 1,218 members who have already rejoined.

ASFM MEMBER PARKING CARD OFFER

Many of you have taken up the new annual Member Parking Cards that are available for purchase for \$37.50. They are available now and valid until 31 December 2010. Thank you to the Showground for making this possible and to our member Dave Childs for this idea. We value all good ideas so please email us if you have one!

WOMADelaide SPECIAL MEMBER DISCOUNT TICKET OFFER

Present your 2010 membership card to the site staff at the Info Tent and they will validate your membership and give you a ticket order form to fill out to send directly to the WOMADelaide office. The WOMADelaide office will then send the tickets directly to you. Forms will be available at the Market site office until 14 February so be quick to access this great offer. Forms must reach the WOMADelaide office by 19 February.

CROWNE PLAZA REDSALT RESTAURANT

Once the hotel opens in April our members will receive a 10% discount for a table of 4 valid for breakfast, lunch or dinner at the new Crowne Plaza Redsalt Restaurant.

10% DISCOUNT VISITOR'S VOUCHER

We offer members' guests a visitor's voucher when you bring your guests to the Market. Just bring them to the Info Stall and ask our friendly staff for a day visitor sticker.

SUNDAY MAIL PAPER SELLER REQUIRED

If you know someone who might like to earn some pocket money by selling the Sunday Mail at the ASFM on Sunday mornings ring Diana on 8231 8155.



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WEB IN-SITES

Check out the [WOMAD](#) program for this year.

[Food and Legal Issues](#) Provides info on the Conference on new foods trends and policies.

[Future of Food SA conference from 10 - 13 February](#) ASFM Chairperson Graham Brookman will present at this forum along with Gay Bilson and others. There is a free session so check their website for details.

WHAT'S HOT THIS MONTH

The Passionate Foodie has some new infused oils, including roasted garlic, rosemary, and chilli. David from **The Semaphore Pantry** has been very busy making some sensational stocks. **Steven ter Horst Chocolatier** has delicious chocolate cups with which to indulge yourself on Sunday mornings. Stone fruit is at its best this month with **Apricot Grove, B & A Andonopoulos, Coinda, Ashbourne Valley, and Miss Merbein** supplying perfectly ripe white peaches, nectarines, plums and apricots. Strawberries from **Hillside Farms** are absolutely sensational at the moment, and new season melons can be found at **Kondoprias, Apricot Grove, Gerry Bariamis** and **B & A Andonopoulos**. **Gerry Bariamis** also has new season table grapes. Keep your eye on the website for the arrival of the first of the new season figs. New season citrus will start arriving from the Riverland in a month's time from **Coinda, Fat Goose Fruits, and Karagiannis**. **Hahndorf Gourmet** has a new line in smoked chicken breast which is the perfect base for summer salads and lunches.

And don't forget to pick up your **WOMAD** hampers on the Sunday before heading off to Botanic Park!

THIS MONTH'S PROGRAM OF EVENTS

7 February

[Members' prize](#) State Theatre Company tickets to **Toy Symphony** by Michael Gow

[Kids' Club](#)

10.00am

Edible Garden with Diana from **Bickleigh Vale Farm**

[Demo kitchen](#)

10.00am

Adam from **The Passionate Foodie**

11.00am

Tony Harding taste tests his nut oils and Indian condiments

14 February

[Members' prize](#) **Steiny's** voucher for \$30

[Kids' Club](#)

10.00am

Culinary Magic - Science with Lee Harrison. Join them for a little lab rat fun!

[Demo kitchen](#)

10.00am

Thermomix demonstration using Market produce

11.00am

Paul Triglau from **Riviera Bakery**

21 February

[Members' prize](#) **Harding's Fine Foods** voucher for \$25

[Kids' Club](#)

10.00am

Cooking with Kate making San Choy Bau for Chinese New Year

[Demo kitchen](#)

10.00am

Grant Schooling from the [Gilbert St Hotel](#)

11.00am

Chefs from [The HWY](#)

28 February

[Members' prize](#) **B.-d. Farm Paris Creek** voucher for \$25

[Kids' Club](#)

10.00am

Cooking with Kate making a modern version of a melon basket

[Demo kitchen](#)

10.00am

[Hilton Hotel Masterclass](#)

11.00am

Andrew Kuhl from **Kuhl Kooking** is making tarts

WHO'S IN THIS MONTH – FORTNIGHTLY STALLS

The Food Forest: February 14 and 28

See you on Sunday!