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# **Digest**

## **Adelaide Showground Farmers Market Newsletter**

### **Issue 29 December 2008**



*Merry Christmas and a Delicious New Year*

#### **2008 Premier's Food Awards:**

We won! Yes, to top off what has been a great second year at the ASFM, we bought home the bacon at this year's Premier's Food Awards with the Rural Solutions Service to Industry Award. The award is testament to our members' dedication to the cause – we couldn't have done it without you! Special mention must also go to ASFM staff, volunteers and government and private sector partner sponsors. Zannie's [acceptance speech](#) is available here. Once again, thank you everyone for your continued support. It has truly been a team effort! Congratulations too, to other ASFM finalists Bushmins and Fruitwise, and to Bd-Paris Creek who won this year's Workforce Development Award.

#### **ASFM 2008 FARMA AWARDS:**

**Winners will be announced in the market square at 11am on the 21<sup>st</sup> December.**

Our own awards are on again! Pick up an awards' nomination card from the Info Tent or from one of our stallholders. There are 6 categories and be sure to write the correct name of the stallholder business of your choice. These Awards are sought after and highly prized by the winners, rewarding stallholders for the quality of produce and service they have provided during the year.

**Christmas at the ASFM: We will be open on the 21<sup>st</sup> December, on the 28<sup>th</sup> December and through the whole of January!**

This month will be very busy with Christmas guests and activities. When you think about Christmas presents this year think Farmers' Market! We are a one stop shop with great food, books, bags and plants to help you solve your Christmas present dilemmas. Beautiful food is always welcome during the festive season and is such a great way to thank people for festive season hospitality. Look out for stallholders' special Christmas gift wrapped offers such as **Passionate Foodie** gift bags - one has all the doings to make delicious salt and pepper squid with dipping sauce. **Chocolatier** has a range of chocolate box sizes that make beautiful and very welcome gifts. Tony Harding at **Harding's Fine Foods** has some great nut oils that any cook would be delighted to receive. **Andrew's Traditional Christmas Puddings** can be ordered from the **Kuhl Kooking** Breakfast Stall or at [kuhlkooking@adam.com.au](mailto:kuhlkooking@adam.com.au). **Spice Girlz** are doing a lovely Christmas pack that includes 3x100g jar gift pack. **Ruby Spoon** is doing a breadboard and jam pack and a single jar of any fabulous product tied with a Christmas bow makes a great present for a neighbour or work colleague. **Fruit Wise** has a great recipe for Kids' Christmas cake. **Limestone Coast Trout** has a Christmas special of 1-2kg of deboned fresh whole trout for \$16/kg. Cheese, jams, biscuits, chutneys and relishes....the list goes on and on. Take the time to wander around inside the pavilion and you're sure to have many Christmas shopping Eureka moments! How much better to buy something made by someone you know from South Australia while avoiding those shopping malls! **Robe butchers** are missing us sorely and would like to offer the members' discount to any members who get down their way during the December and January holiday season. And as for Christmas food options.... well where do we start! Whether its meat, seafood, cheeses, nuts, dried fruit, fresh fruit – including beautiful berries, and veg, we have it all! You won't even have to bake this Christmas either as our fantastic pastry makers will take orders ready for you to pick up on Sunday before Christmas. Talk to **Jurgen**, Sonya at **Chocoholics** and Tracey from **Sweettarts** about your needs and they'll be sure to assist.

**And don't forget ASFM membership** makes a great present; see the info tent for your Christmas gift membership or ring the office to order them. We can also send them out on your behalf.

**Books** on offer from the Info Tent with **membership discount** include:

**One Magic Square** by Lolo Hobein

**The Blue Ribbon Cookbook** by Liz Harfull

**Koto A Culinary Journey Through Vietnam** by Tracey Lister Andreas Pohl

Also **The making of a sustainable Farmers' Market** - the **ASFM DVD** is also available at \$10 to members.



**FOODBANK SA** will provide over 7,000 food hampers to families in need this Christmas. We are now partnering with **FOODBANK SA** and we invite you to leave food donations at the Info Tent. The food will be collected by at the end of the Market and distributed by **FOODBANK** to those in need. Both perishable and non-perishable food items welcome. Please help us to help others have a Merry Christmas.

### Special Events this Month:

**Sumptuous magazine** will be launching their special Christmas edition at the Demo Kitchen on the 7<sup>th</sup> December and again offering market members a 10% discount on annual subscriptions. On the 14<sup>th</sup> of December Thermomix will be making raspberry and mint sorbet, brioche, beetroot salad served with spinach and feta, brandy custard and shortbread biscuits.

**Dr Luke Johnson** will be launching his new book **Nourishment - An Omnivore's guide to gourmet delights** on the 14<sup>th</sup> December in the Demo Kitchen.

The **ASFM Xmas Hamper** winner and the **FARMA AWARDS** will be announced on the 21<sup>st</sup> December at the market square at 11am.

**SA Composters** will also be offering 10% discount vouchers on all products to ASFM members - ask at the Info Tent.

**See below for our program of events in the Demo Kitchen for December.**

**New faces at the market:** Rainbow Fresh Foods, North Marola Farm meats, Saltbush Meats, Fioraia, Covino Farm Fresh Foods, Ekonomopoulos

**Not-so-old faces we love to see back:** Merry Cherry, Barossa Cherries, Apricot Grove, Alderseys Vineyards, Stella Creek, Willabrand, Steiny's, Cottonville, Lacewood

### Dates for our Periodic Stallholders:

Kainga Park	14 <sup>th</sup>	Alderseys' Vineyards	7 <sup>th</sup> & 14 <sup>th</sup>
Food Forest	7 <sup>th</sup> & 21 <sup>st</sup>	Fat Goose Fruits	7 <sup>th</sup> & 14 <sup>th</sup>
Rugosa Paddocks Goat	7 <sup>th</sup>	Lacewood	7 <sup>th</sup> & 14 <sup>th</sup>
Pendleton Estate	21 <sup>st</sup>	Limestone Coast Trout	7 <sup>th</sup> & 14 <sup>th</sup>
Murray Valley Cheese	7 <sup>th</sup> & 21 <sup>st</sup>		

## December in the Demo Kitchen

### 7<sup>th</sup> DECEMBER

**9.30am Sumptuous Launch with Sticky Rice Cooking School and**

**Yukiko Anschutz demonstrating east to prepare Christmas party food**

**11.00am Andrew Kuhl from Kuhl Kooking present Xmas cooking -turkey stuffing, cranberry sauce, and brandy butter**

### 14<sup>th</sup> DECEMBER

**9.30am Thermomix cooking raspberry and mint sorbet, brioche, beetroot salad served with spinach and feta, brandy custard and shortbread biscuits**

**10.30am Dr Luke Johnson cooking from his new book Nourishment**

### 21<sup>st</sup> DECEMBER

**9.15am Grant Schooling from Gilbert Street Hotel**

**10.30am Grant McGregor from the Hilton International**

### 28<sup>th</sup> DECEMBER

**10.00am Zannie Flanagan Food Legend presents!**

## kids' club

**Register and sign in** with Kate at the Demo Kitchen 9.30-10am

**Life.Be in it.** Now every week on the beef cattle lawn behind the Market!

**7<sup>th</sup> December** Latarnie McDonald **planting herbs**

**14<sup>th</sup> December** **Culinary Magic Science in the Kitchen with Belinda Barr**

**21<sup>st</sup> December** **Cooking with Kate - honey Christmas biscuits**

**28<sup>th</sup> December** **Life.Be in it!**

**Check out the website for further updates, weekly prizes and photos!**

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