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# Digest

## Adelaide Showground Farmers Market Newsletter Issue 24 June 2008

At last some rain, let's hope it continues and we get flow into the Murray. I travelled down to Ashbourne Valley last week to visit the Boag family apple and pear orchard and also went over to visit Wes Hart's property south of Paris Creek. The country looked wonderful after the rain with new grass coming through and the last of the apples waiting to be picked in the autumn orchard. With more and more customers visiting the market we are keen to recruit more stallholders from family farms but they are hard to find. If you know anyone who grows quality produce we'd love to hear from them.

We are pleased to announce that we have been successful in our Health SA grant application for further development of our **Kids' Club** weekly activities. We are in the process of employing a new **Kids' Club** coordinator and the grant will also allow us to schedule a regular program of physical activities to be delivered by *Life. Be in it!* We hope this program will be in place by July. This week sees further development of our **Kids' Club** Edible Garden with our new sponsor Greenlight Organic Services. Latarnie McDonald from Greenlight Organics will be taking a regular garden session with the kids once a month. Simon Bryant our **Kids' Club** patron, will be at the Market on Sunday with Cosi from The Biggest Loser, to launch the garden and the new Buy SA campaign. It will be held in the hospitality area on the eastern side of the Market at 10.30am.

We have also been very fortunate to secure Belinda Burr for a monthly session with the **Kids' Club** entitled **CULINARY MAGIC!** In another life, Belinda presented the very successful 'Backyard Science' program for the ABC and is currently PIRSA's state FarmBis coordinator. The kitchen is a daily science lab and Belinda makes it simple to understand and highly entertaining!

### What's Hot this month?

**Do Bee Honey** will be giving a presentation on the incredible importance of bees to our food chain on June 15th. Children will be able to taste honey straight from the hive and learn how different plant flowers produce different flavours of honey.

**Spice Girlz** of **Moroccan Jam** fame and **Talinga Grove Olive Oil** and flavoured oils, are back weekly from this weekend and will be located next to **Steiny's Smallgoods** on the western side of the shed.

**Food Forest** will be in on the **8<sup>th</sup>** and **22<sup>nd</sup>**.

**Rugosa Paddocks Goat Meat** will be in on the **8<sup>th</sup>** and the **22<sup>nd</sup>**.

**Robe Butchers** will be back from the **15<sup>th</sup> June**.

**1<sup>st</sup> 15<sup>th</sup> 22<sup>nd</sup> June Worth the Truffle, Cooina** Riverland dried fruit products and new season's citrus and **Chomp** gluten free biscuits will be available.

**8<sup>th</sup> June Cabaret Festival** comes to the Market! **Paprika Balcanicus** perform live at the Market.

## June in the Demo Kitchen

### 1<sup>st</sup> June

- 10.00 Amanda Daniel cooks up one of her 2B Ethical treats from Market produce.
- 10.15 Launch of the Kids' Club **Greenlight** Organic Garden and Buy SA Campaign.
- 10.45 Kids' Kitchen Simon Bryant and Cosi (of Biggest Loser fame and ASFM) cook it up with the kids!

### 8<sup>th</sup> June Thermomix demonstration

### 15<sup>th</sup> June Cooking with honey with Do Bee Honey

### 22<sup>nd</sup> June Grant Schooling from the Chifley On South Terrace

### 29<sup>th</sup> June Hilton Masterclass with young gun chef Dennis Leslie cooking from the Brasserie Menu

## Kids' Club

### 1<sup>st</sup> June Simon Bryant and Cosi from *The Biggest Loser* launch the Greenlight Organic Garden.

### 8<sup>th</sup> June Belinda Barr from (ABC Backyard Science) presents **Kids' Club CULINARY MAGIC!** - Science in the kitchen.

### 15<sup>th</sup> June The Story of Bees and Honey with Jill and John Trewartha from Do Bee Honey.

### 22<sup>st</sup> June Grant Schooling from the Chifley on South Terrace.

### 29<sup>th</sup> June Hilton Chef Dennis Leslie makes Chocolate Muffins with Haigh's Chocolate.

### Special Member Offers:

**Goodwood Community Bank Branch Bendigo Bank is offering fee free housing loans to ASFM members.**

The *Eco Living* and *Body Mind and Psychic* events are again on at the Showground this weekend after the Market.

The Cabaret Festival starts on Friday the 6<sup>th</sup> June and goes until the 16<sup>th</sup> June. Cabaret Festival performers *Paprika Balicanicus* will be joining us at the Market on the 8<sup>th</sup> June to give you a delicious taste of what to expect at the Festival.

Lastly, we would like to thank those of you who send in letters or give feedback to Julie in the info tent. We welcome your comments and concerns as we want to make your visit with us as enjoyable as we can. Thankyou for your continuing support,

See you at the Market!

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