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Digest

Adelaide Showground Farmers Market Newsletter

Issue 22 April 2008

Welcome to the autumn newsletter. It is blustery and much cooler but no one I know is complaining! How lovely to receive even a small amount of rain. It's time to get those winter veg planted so check out our seed and seedling suppliers with their spinach, broccoli and broad beans - all good winter staples and easy to grow in barrels or pots.

AGM & our new ASFM committee

Thankyou to all members who attended our inaugural AGM on Tuesday 18th March. 30 people attended, many of whom stayed for a BBQ and a glass of vino and spent some time getting to know their new committee. Our new committee members are:

- Graham Brookman Chairman
- Megan Hender Vice Chair
- Mark Riddle Treasurer
- Judith Noble RA&HS representative
- Genevieve Harris Chef and food journalist
- Anne Duncan who regularly volunteers in the info stall
- Ian Piggett from Bush Tucker Ice cream
- Claude Conterno for Grissini Brothers
- Natasha Triglau from Paolo's bread
- Geoff Page from Gooseberry Hill (seeds and seedlings)

Our thanks to Andrew Boag from Ashbourne Valley Orchards who served on the committee for the last 18 months. Our thanks also to the other members who have worked so hard to get the Market established. Our new committee members bring a huge amount of expertise to our organisation and we look forward to taking the Market to the next stage of development with their assistance. Many people who work at the Market are volunteers who spend their Sunday mornings with us. Thankyou Richard, Anne, Pablo and of course all our fabulous chefs who usually have to get up early after a busy Saturday night in their kitchens to demonstrate for us in the Demo Kitchen. And they do it with a smile!

Hilton Food Miles Dinner

Prof Randy Stringer and Zannie will join Simon and his team at the Hilton next Tuesday for the Food Miles Dinner. Ring 8237 0737 or www.thebrasserie.com.au/news for further info.

What's Hot: We have a full market!

OYSTERS ARE BACK!

Frank from Martin's Oysters is back with his Pt Lincoln oysters now that the oysters have stopped spawning.

PERSIMMONS Jenny and Barry Jungfer are back with their exotic persimmon fruit as a delicious addition to our autumn fruit supply.

ADELAIDE HILLS GOURMET FOODS have a great selection of gluten, dairy and MSG free meals that are ready to eat. They are a healthy and easy option for dinner, even if no-one in the family has allergies. You can find them next to Rosie's Eggs

RUGOSA PADDOCKS 6TH & 20TH Goat Meat

KAINGA PARK 13TH & 27TH Poultry & Game Birds

COTTONVILLE 13TH & 27TH Berry Products

FAT GOOSE FRUITS 13TH Organic Citrus

LIMESTONE COAST TROUT 6TH & 20TH

CHOMP 13TH & 27TH Handmade Gourmet Biscuits

RUBYSPOON 6TH & 20TH with Raspberries and berry products

HQ are finally back on the 20TH!

THE FOOD FOREST 13TH & 27TH

WORTH THE TRUFFLE 6TH & 20TH

April in the Demo Kitchen

6th April

Amanda Daniel 2b Ethical

Prize: Voucher and cookbook from Rugosa Paddocks

13th April

Thermomix Demonstration

Prize: Special Cabaret Festival Ticket Offer

20th April

Herbs, Health and Happiness, with Herb specialist June Taylor

- **Chef Grant Schooling from the Chifley on South Terrace**
- **June will work with Grant as well as answer all your questions relating to herbal remedies for health maintenance.**

Prize: Selection of Potted Herbs

27th April

Hilton Brasserie with Luke Brabin

Prize: \$50 Dinner voucher to The Brasserie

April Kids' Club

6th April

Baby goats -bottle feeding

13th April

Sprouting ideas for kids. Growing and cooking with sprouts

20th April

Herbs - Know your herbs: A sensory introduction to common herbs, planting herbs in our garden.

June Taylor Cooking with Herbs *Lavender Shortbread*

27th April

Hilton chef Luke Brabin - Cooking with Kids

ASFM Partnerships

Much of what we do at the Market is due to our partnership arrangements with our generous sponsors. Current sponsor/partners include:

Royal Agricultural and Horticultural Society

Health SA

SA Food Centre

Rio Coffee

Bendigo Bank Goodwood Community Bank Branch

Hilton International Hotel

Rollout Grass

Electrolux

Adelaide Festival Centre

Greenlight Organics

The Event Shop

Natural Gas

Sumptuous Magazine

All our stallholders who regularly provide generous prizes for members.

The ASFM also supports a number of community initiatives by providing opportunities for fundraising on site. The two organisations we are currently supporting are ***The Big Issue*** and ***Cancer Care***. We also support musicians who busk at the Market.

See you on Sunday for some more ***locavore*** activity!