



Kate's salad dressing

INGREDIENTS

4 tablespoons (80ml) olive oil
½ teaspoon honey
1 teaspoon wholegrain mustard
½ lemon, juiced

EQUIPMENT

1 screw top jar or bottle
(plastic if you prefer for safety)
set of measuring spoons or teaspoon
citrus juicer

METHOD

1. Measure oil into jar and add honey, mustard and lemon juice.
2. Screw on the lid tightly and give it a really good shake.
3. Taste and adjust flavours to your liking. Add a pinch of salt and pepper if you wish.
4. Pour over bowl of salad and gently toss with clean hands or salad servers.

FROM THE MARKET

Olive oil – Patlin Gardens

Honey – Do Bee Honey & Friebe

Lemons – Coinda Proprietors, Fat Goose Fruits, B & A Andonopoulos & EEK Karagiannis