



Panzanella

Rosemary Cadden and Jane Willcox
“Making a Meal of it”

6th November 2011

Ingredients

day old bread – sourdough is good
olive oil
5 very ripe tomatoes, chopped
1 small red onion, finely sliced
fresh picked basil
Dressing:
½ cup olive oil
clove garlic – crushed
2 tbsp red vinegar

Method

Tear up bread and fry in olive oil until golden
Combine it with tomatoes, onion and basil
Drizzle over the dressing
Allow to stand for 30 minutes
Variations – add sautéed bacon if desired.

ASFM SHOPPING LIST

Ingredients

bread
olive oil
tomatoes, onions, garlic
basil
vinegar

Stallholders

Riveria Bakery/Paolo's Artisan Bakery, From The Grain,
Flour Power Breads
Bald Hills Olive Grove, Rodger Fryer, Harding's Fine Foods,
Patlin Gardens
Tobalong Tomatoes, Hart's Vegetables, Cosmidis Produce,
Virgara's Garden, Golden BC, N&M Tsimiklis, Alnda Farms,
B & A Andonopoulos, Patlin Gardens
Salad Greens & Kitchen Herbs, Gooseberry Hill Farm,
Alnda Farms, Hillside Herbs, Patlin Gardens,
Virgara's Garden, Aay's Herbs
Woodside Cheese Wrights, Mountain Fresh Juices