



Adelaide
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**Chermoula Prawns with Peach, Avocado and Lime Salsa
Sweet Potato Crisps and Balsamic Glaze
Hilton Chefs 20 March 2011**

Ingredients

Prawn Marinade

3 tbsp Italian parsley, finely chopped
2 tsp minced garlic
2 tsp minced ginger
2 tsp ground paprika
1 tsp ground cumin
1 tsp ground turmeric
2 tsp grated lemon rind
2 tsp lemon juice
½ cup extra-virgin olive oil
¼ tsp salt
Pinch freshly ground black pepper
1 finely chopped green chilli

Peach and Avocado Salsa

1 peach – peeled, 1cm dice
1 avocado – 1cm dice
½ shallot – finely chopped
2 tsp fresh lime juice

Herb Garnish - a few sprigs of each

Continental Parsley
Mint
Coriander
Thai Basil
1tsp olive oil
1sp fresh lime juice

Sweet Potato Crisps

1 sweet potato

Balsamic Glaze

¼ cup balsamic vinegar
½ cup sugar

Method

* Add vinegar and sugar to a saucepan. Bring to boil, stirring, over high heat. Reduce heat to medium. Simmer for 10 to 15 minutes or until sauce is thick. Allow to cool, then drizzle in several circles around the plate to serve.

* Combine peach, avocado, lime juice and shallots in a mixing bowl, season to taste. Carefully pile into centre of serving plate.

* Peel sweet potato, then using a peeler, peel 4-5 long strips. Deep fry until golden brown and drain on paper towel. Season with salt then arrange on salsa.

* Combine prawn marinade ingredients together and marinate prawns for 24 hours. Remove prawns from marinade. Pan fry on high heat until golden brown. Arrange on sweet potato crisps.

* Combine parsley, mint, coriander, basil, oil and lime juice in a mixing bowl. Season lightly, and tumble over prawns as a garnish.

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Ingredients

Herbs

Peaches

Avocados

Olive oil, balsamic vinegar

Fruit and Veg

Potatoes

Stallholders

Gooseberry Hill Farm (59), Hillside Herbs (83), Aay's Fresh Herbs (87), Salad Greens and Kitchen Herbs (89)

B&A Andonopoulos (64), Apricot Grove (91) Cooina (70)

Ashbourne Hills Avocados (47), Otherwood Orchards (69), Adelaide Hills Avocado (57)

Hardings Fine Foods (38), Patlins Garden (71), Virgaras (50)

Cosmidis Produce (75), Tsimiklis (55)

Hart's Vegetables (76), Patlins Garden (71)