



## Apple Tart with Currants, Brandy, Blue Gum and Vanilla Bean Honey The Honey Lady – Silvia Hart, 17 July 2011



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### Ingredients – serves 10/12

500g plain flour  
250g B.-d. Farm Paris Creek bio dynamic unsalted butter, softened  
2 tbsp Honey Lady Blue Gum Honey  
3 eggs  
½ cup Honey Lady Vanilla Bean Honey  
20 apples (Pink Ladies or Granny Smiths)  
250g Paris Creek bio dynamic unsalted butter, cubed  
1/3 cup currants  
50ml brandy  
pinch of salt  
thickened cream to serve  
2 tbsp butter and honey to glaze

### Method

Grease a 23cm pie dish  
Dough :  
Combine flour, butter and blue gum honey  
Add eggs one at a time and work into the dough  
Wrap and refrigerate for one hour or until the dough is firm  
Pie:  
Preheat oven to 200c  
Melt glazing butter and honey  
Roll out dough and line pastry dish - place in freezer for 15 minutes  
Line with pastry paper and fill with rice or beans  
Blind-bake for 15 mins - remove paper and rice  
Bake for a further 10-15 mins until lightly browned - allow to cool  
Reduce oven to 180c  
Peel, core and dice 17 apples  
Add butter and diced apples to pan, over medium heat, and cook until caramelised  
Add salt, currants, brandy, and vanilla bean honey  
Allow to cool - spoon mixture into tart shell  
Peel, core, and thinly slice 3 apples - lay over top of tart  
Glaze with honey and butter mix  
Cook for 30 - 40 minutes, glazing at intervals.

### ASFM SHOPPING LIST

#### Ingredients

butter  
cream

eggs  
honey  
currants  
apples

#### Stallholders

[B.-d Farm Paris Creek](#) (site 91)  
[Alexandrina Cheese Co](#) (site 6); [B.-d Farm Paris Creek](#) (site 91);  
[Fleurieu Milk Co](#) (site 44)  
[Rosie's Free Range Eggs](#) (site 40), [Rohdes Free Range Eggs](#) (site 65)  
[Honey Lady](#) (site 34), [Doo Bee Honey](#) (site 1)  
[McLaren Vale Orchards](#) (site 45)  
[Ashbourne Valley Orchards](#) (site 60), [McLaren Vale Orchards](#) (site 45),  
Otherwood Orchards (site 73), [Virgara's Garden](#) (52), [The Wild Apple](#) (90),  
[Kalangadoo Organic](#) (site 86)