

Kids' Club draws a big crowd

THE Adelaide Showground Farmers Market is on a winner with its weekly Kids' Club, a great opportunity for children to be involved with growing, cooking and having fun.

There are garden and kitchen sessions beginning at 10am each Sunday. As the activities are extremely popular and numbers are limited, it is best to register your child from the time you arrive at the market. Kids can be booked in from 9am at the Kids' Club kitchen, at the back of the indoor food pavilion.

The sessions are free, thanks to the generosity of several sponsors and stallholders, who donate equipment and produce.

Kids' Club is most suited to children between four and 12 years old, and sessions last for about an hour.

Club patron is the charming and popular Simon Bryant – chef, writer, television presenter, gardener and humanitarian.

Simon is always keen to share his vast knowledge and is a great mentor and inspiration to young children.

Give the Kids' Club a try next time your children are at the Adelaide Showground Farmers Market.